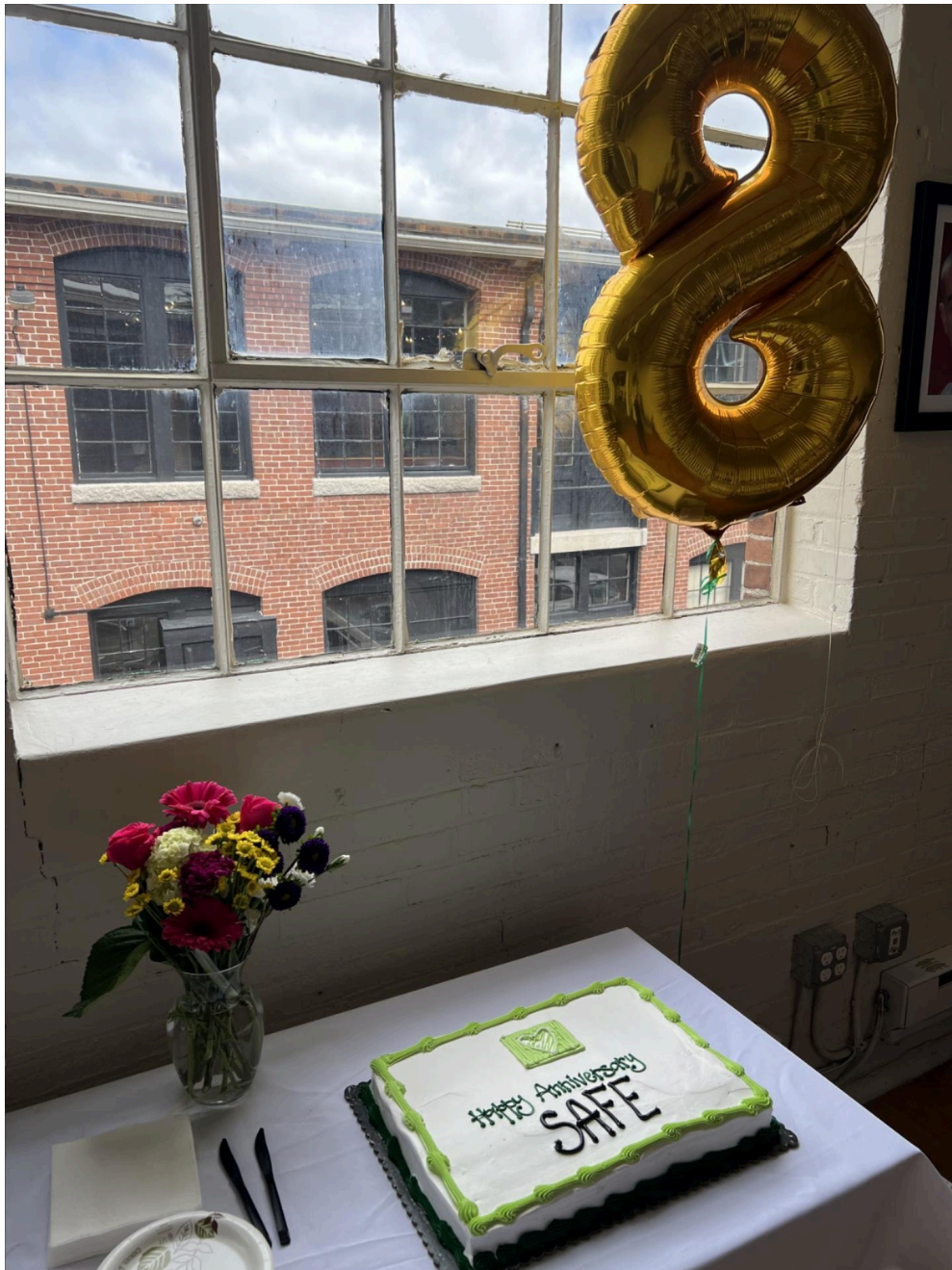




SAFE

YOU ARE NOT ALONE

News and Events April 2024



Cheers to 8 years! We loved seeing you at our open house celebrating SAFE's opening in 2016.

FEATURED EVENTS

SAFE Café After Dark Open Mic Night

Calling all musicians, poets, comedians and artists! Join us for our open mic night showcasing local talent! This is a safe and upbeat space to showcase your creativity alongside other talented musicians. Our next Cafe After Dark session will be Saturday May 11, 6:30-9:00 PM. Email [Jim Derick](#) for more information and to sign up to volunteer or perform.

Empowered Parenting

Medway and Wrentham parents: Join SAFE Clinician Alli Stokowski, LICSW as she guides and supports parents learning to communicate about mental health, substance abuse concerns, bullying, and social media. April 22 4-5:30pm Wrentham Town Hall and April 22 (same day), 6:30-8pm Medway Town Hall, 1st floor Conf. Room, 155 Village St. Food provided by Healthy KP. For more info email [Alli Stokowski](#).

Join us!

All our programs are free and confidential. Drop by Fridays 8am-noon to see SAFE's space, meet a member of our team and discover offerings that work for you.

SAFE Programs



SAFE

YOU ARE NOT ALONE

You're
Invited!

TO THE 2024
SAFE COALITION GALA

JOIN US IN CELEBRATING THE WORLD OF RECOVERY!
DINNER. LIVE AUCTION. SPEAKERS.
HONOREE: **ROB NINKOVICH**

1 MAY 2024 5:30PM
LAKEVIEW PAVILLION
45 LAKEVIEW RD, FOXBOROUGH, MA 02035

[Gala Tickets and Event Info](#)

SAFE News

**Spring Gala Celebrates Growth and
Community**



SAFE is hard at work preparing our 2024 spring gala event, to be held at Lakeview Pavilion in Foxboro on May 1. The event will bring together community members interested in celebrating our growth and impact over the last year and joining its mission in the year ahead.

Former Patriots outside linebacker and local resident Rob Ninkovich will be this year's honored speaker. Ninkovich consistently uses his public platform to emphasize the importance of mental health and youth wellness, including speaking events, podcast appearances, and a video series on mental health awareness for Optum Health.

"Rob is an active, engaged member of our community," says SAFE board member Lindsay Semas. "Whenever a community member, especially one with an amplified voice, invests in causes aligned to SAFE's mission, it is a win."

The gala will include messages from SAFE's co-founders and board members. It will also host live and silent auctions with all proceeds from the event going to SAFE's nonprofit work.

SAFE has seen a sharp increase in engagement over the last year, with call volume quadrupling from 2022 to 2023. Levine credits a rising awareness of SAFE's work in the community along with the rising prevalence of key issues. "We know that the need for mental health and substance use resources—especially for teens and families—are at an all-time high," Levine says. "We are so thankful that

our community trusts us at SAFE to walk with them through this chapter of their lives.”

With SAFE’s scale growing, this year’s gala is a celebration of advancement and impact. “The scale of this gala is five times larger than last year’s,” says Semas. “It’s a testament to the journey of our organization. Ongoing investment by community members and businesses is what is needed to keep support in place. It’s a joint investment and growth equation.”

We are still welcoming gala sponsors! Let us know if you'd like to help bring our gala to life and support SAFE's mission.

[Contact Us](#)

Family Recovery Corner

(from the Families Anonymous Newsletter Jan/Feb 2024)

For me, unconditional love means loving people for who they are, just as they are. It means not judging them for what they do with their lives. It means having a meaningful relationship despite our differences.

Once I was able to grasp the concept of unconditional love, I found such peace in my life, not just for my addicted loved one but for everyone else. What a relief to be able to love people just as they are! Is this challenging? Yes, especially for anyone with codependency traits, because of the major character fault of wanting to control everything to suit our way.

I have to practice letting go, not judging, and loving people as they are, every day. Some people have the misconception that you can’t “love” someone without enabling them. But boundaries are there for us to be able to love unconditionally.

Families Anonymous is a 12-step fellowship for families and friends who have known a feeling of desperation concerning the destructive behavior of someone very near to them, whether caused by drugs, alcohol, or related behavioral problems.

Families Anonymous meets every Tuesday, 6:30-8:00pm at SAFE and via Zoom. Email jderick@safecoalitionma.org for more info.

Volunteer with SAFE

Want to be a part of SAFE's mission to bring care to our community? Have a skill to share? Email us and let us know you'd like to be a part of our volunteer outreach network. All ages, all skills, any donation of time welcome!

[Learn More](#)

Photo Gallery: This Season at SAFE

This month we celebrated SAFE's 8 year anniversary. This was a wonderful opportunity to gather with members of the SAFE community, enjoy cake, and talk about how much SAFE has grown since its creation. We also attended the Millis Town Easter Egg Hunt where we handed out diapers and wipes from our diaper drive. At Tri-County's Family Fest, we had the chance to make connections and continue to grow the SAFE community. We have also been busy visiting local high schools who wish to use our Fatal Vision goggles that simulate different blood alcohol levels. This is an interactive way to engage students in conversations about the short and long-term effects of impaired decision making and driving.



Happy Anniversary
SAFE















Our Contact Information

{{Organization Name}}
{{Organization Address}}
{{Organization Phone}}
{{Organization Website}}

{{Unsubscribe}}



DONATE